

on us and save us, for He is good and the Lover of mankind.

All: Amen.

RITE OF FORGIVENESS

The priest kneels facing the faithful and says:

Bless me, brothers and sisters, and forgive me a sinner all the sins which I have committed this day, and every day of my life, in thought, word and deed.

All: May God forgive you, reverend Father!

The faithful kneel and say together:

Bless us, reverend Father, and forgives us sinners all the sins we have committed this day and every day of our lives in thought, word, and deed.

Priest: May God forgive you and have mercy on you!

Now, all approach and venerate the icon, and then exchange forgiveness with everyone, saying:

Forgive me!

God forgives! Forgive me and pray for me!

VESPERS DURING GREAT LENT



Following the Song of Simeon and the extended Trisagion, we sing the following troparia and dismissal:

TROPARIA, *Tone 1:*

Hail, Mother of God, Virgin Mary full of grace,
the Lord is with you:

Blessed are you among women,
and blessed is the fruit of your womb,
for you have borne Christ, the Saviour and

Deliverer of our souls. (*Prostration*)

Glory be to the Father and the Son and the Holy Spirit.

O Baptist of Christ, remember us all,
that we may be delivered from all our
iniquities,

for to you is given grace to intercede for us. (*Prostration*)

Now and forever and ever. Amen.

Pray for us, O Holy Apostles and all the Saints,
that we may be delivered from perils and sorrows,
for you are our fervent intercessors before the Saviour.

(Prostration)

Beneath your compassion we take refuge, O Theotokos,
do not reject our supplication in adversity, but deliver
us from perils

O only pure and only blessed one. *(No prostration)*

Kyrie, eleison. *(40 times)*

Glory be to the Father and the Son and the Holy Spirit,
now and forever and ever. Amen.

More honourable than the cherubim,
and by far more glorious than the seraphim;
ever a virgin, you gave birth to God the Word,
O true Mother of God, we magnify you.

In the name of the Lord, Father, give the blessing.

Priest Blessed is the One-Who-Is, blessed is
Christ our God, always, now and forever and
ever.

All: Amen.

Reader: O heavenly King, uphold our rulers,
strengthen the Faith, calm the nations, give peace
to the world. Protect this city; grant to our
departed fathers and brethren that they may dwell
with the righteous, and accept us in repentance
and confession: for You are good and the Lover
of mankind.

PRAYER OF SAINT EHPREM

O Lord and Master of my life! Take from me the spirit
of sloth, despair, lust of power, and idle talk.

(Prostration)

But give rather the spirit of chastity, humility, patience
and love to your servant. *(Prostration)*

Yes, O Lord and King! Grant me to see my own
transgressions and not to judge my brother; For blessed
are You for ages of ages. Amen. *(Prostration)*

DISMISSAL

Priest: Glory be to You, Christ God, our Hope, glory be
to You.

All: Glory be to the Father and the Son and the Holy
Spirit, now and forever and ever. Amen. Lord, have
mercy. *(Thrice)* Give the blessing.

Priest: By the prayers of His most pure Mother, those
of all the holy and illustrious apostles, those of St. N.,
whose memory we celebrate today, and by the prayers
of all the Saints, may Christ our true God have mercy